MetLife

MetLife Benefits Login

Tell us who provides your group benefits

University of Rochester - NY

☐ Don't show this again

Next

Not a Group Benefits Customer?
To see your MetLife accounts, please log in here

:) **There's a Better Way**

Manage your accounts online:
- Get convenient & secure access
- View and update accounts
- Make transfers & payments

🏷 **What Can I See Online?**

Online account access includes:
- Life Insurance
- Disability
- Total Control Accounts
- Annuities
- Auto and Home Insurance
- Long-Term Care

♻ **Go Paperless!**

Enroll in eDelivery and get your documents faster. It's simple, secure and green. Just log in to your account, go to Profile and click Communication Preferences to update your preferences.

Privacy Policy | Terms of Use

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1. Click on the MetLife Benefits Login box that says "Tell us who provides your group benefits" and select "University of Rochester - NY". Click the Next button.

MetLife | Made available through University of Ro...

My Group Benefits　▼　**My Forms**　**Customer Support**

Dental PPO Plan

🖨 Print

Click on ' Register Now'

...ld mean ...t's why I ...tal plan.

A healthy smile could mean better health. That's why it's good to know you have access to the Preferred Dentist Program — a dental preferred provider organization (Dental PPO) plan. With the plan, you can go to any licensed dentist, in or out of the network. The goal is to help you and your family stay on top of your oral health while lowering your costs and getting service you can count on.

‣ **Lower your out-of-pocket costs by 30% to 45%***
‣ **Choose from one of the largest networks**
‣ **Commitment to your oral health**
‣ **Count on less paperwork, less worries, and more service**

Glossary
Need to understand a dental term? The glossary contains many of the terms you'll see on your Explanation of Benefits or pretreatment form.

Like most group benefit programs, benefit programs offered by MetLife contain certain exclusions, limitations, waiting periods and terms for keeping them in force. Please contact MetLife for complete details.

🔒 Account Sign in

All fields are required

User Name: 🔍
Password: 🔍

Forgot User Name and/or Password?

Submit

☐ Remember my username on this computer

First Time User?

Register Now!

Who can register?

📌 News & Updates

Visit the Oral Health Library for educational tools that go above and beyond the "basic" topics of oral health

Learn more

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☰ **My Group Benefits** ▼   📄 **My Forms**   📱 **Customer Support**

Keeping your personal information secure is a top priority. Learn how you can help.

MAINTENANCE ALERT: Access to this website be unavailable from 9:00 PM on Saturday, May 18 until 9:00 AM ET, on Sunday, May 19. You will not be able to access the site during this time. We're sorry for any inconvenience.   ✕

🖨 Print

Welcome to MyBenefits

Click on ' Register Now'

Come see our new look.
MyBenefits has been enhanced to make accessing your MetLife benefits easier than ever!

🦷 **Dental PPO Plan**
Group Dental Plan that helps you and your family keep a healthy regimen.
Learn More

Find a Dentist near you:
Enter your zip code
Find
Advanced search

👁 **Discount Vision**
The MetLife VisionAccess program brings you the savings you need and the choices you want at thousands of participating private practice providers nationwide
Program code, MET2020
Find a Discount Vision Provider
Learn More

Find a vision provider:
Enter your zip code
Find
Advanced search

Log in to view your policies

Enter your University of Rochester - NY MyBenefits login information
Looking for a different employer or association?

Username

Password

Log In   Forgot username or password?

Not Registered?

Register now for access to your MetLife Benefits accounts Who can register?

Register to view your accounts online

① Create profile ──────────────── ② Create login

2

Registration is quick and easy.

Learn more about who can register.

Register and choose your log in. Then find your accounts for easy access to account details and notifications.

Enter your identification and contact information below.

All fields required unless noted

First Name

[   ]

Last Name

[   ]

University of Rochester - NY

Please answer a few questions that identify you as an associate of this organization.

Social Security Number

[XXX-XX-XXXX   👁 Show] ⬅

Date of Birth

[MM/DD/YYYY   ]

Primary State or Territory of Residence ❓

[- Select a state or territory -   ⬍]

Email Address ❓

[   ]

Confirm Email

[   ]

Mobile Phone (optional)

[XXX-XXX-XXXX   ]

Why do we ask for this?

❶ **Human Body:** Help keep this site safe from automated attacks by checking the box below. You may be asked to respond to a question.

[☐ I'm not a robot   reCAPTCHA]

CANCEL   [**NEXT**]

Need Help Registering?
Call 1-866-363-8869
Monday to Friday
8 am to 8 pm ET

Complete all fields on this page.

If you do not have a social security number , you may have been enrolled using a 'dummy' SSN (999 followed by your 6 digit employee ID number)

My Accounts   Claim Center   Documents & Forms   Cu Su

My Accounts

+ Don't see all your policies?

🖶 Print

🦷 Dental Benefits

Find a Dentist ▼

▼ View your plan information (1 Account)

MetLife Group Specific Benefits
Made available by University of Rochester - NY

Dental PPO Plan   I Want To... ⬍

The Preferred Dentist Program has thousands of participating dentists in network, helping customers save on their dental health.

You are currently enrolled in a dental benefits plan featuring the Preferred Dentist Program

The network for your plan is PDP PLUS
View Policy Information

Update your dental statement delivery preferences

You do not have any claims to display

More Resources
Check out our oral health library

👁 Vision

Find a vision provider

▼ View your policy information (1 Account)

Life Transitions

Thought about all the life changes ahead? Read on for information and tips on how to manage them.

See More

3. Under "my Accounts", select the Dental PPO Plan.

Your Dental Benefits   Claims   Network   Tools & Resources   Common Questions

🖶 Print

Your Dental Benefits

Network: PDP PLUS

Procedure Fee Tool

Recent Claims
You do not have any claims or pretreatments to display
MetLife processes the majority of claims within 10 business days of their receipt.

📌 **News & Updates**

Visit the Oral Health Library for educational tools that go above and beyond the "basic" topics of oral health

Learn more

Coverage Summary	
Name	**Effective Date**

Additional Benefit Information	
Coverage Elected for	employee only
Effective Coverage Period	Jan 01 to Dec 31
Coordination of Benefits	Birthday Rule This plan coordinates benefits based on the above provision.
Copay	No
Benefits Available for Teeth Lost Prior to Effective Date	Yes
Maximum Dependent Age	Up to age 26
Maximum Student Age	Up to age 26
Orthodontics Covered	No

- Eligibility is not a guarantee of coverage as actual benefit payments are determined only when a claim is processed.
- If MetLife determines that a less costly service than the covered service performed by a dentist could have been performed to treat a dental condition, MetLife may pay benefits based upon the less costly service if such service 1) Would produce a professionally

4. Click the "Tools & Resources" link.

MetLife

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My Accounts ▾ | Claim Center | Documents & Forms

Your Dental Benefits   Claims   Network   **Tools & Resources**   Common Questions

🖨 Print

Tools and Resources

Download Adobe Acrobat Reader
Download Acrobat Reader® now

Find a Dentist
Find a dentist in your area today.

Nominate Your Dentist
If your current dentist does not participate in the network, we will be happy to accept your nomination.

Procedure Fee Tool
Learn more about dental procedure fees in your area to help make more informed choices about your dental benefits.

Get Your ID Card
View or print your dental ID card now.

For PPO/DHMO: Disable pop-up blocker to print ID card.

Download a Claim Form
Bring a claim form with you to your next appointment. To view this form, you'll need the free Adobe Acrobat Reader®. Download Acrobat Reader now.

Glossary
Visit our dental glossary.

Oral Health Library
Visit the Oral Health Library for oral health tools and information.

Request a Translation
Get information on translation and interpretation services available through MetLife's Language Assistance Program.

Procedure Fee Tool

📌 **News & Updates**

Visit the Oral Health Library for educational tools that go above and beyond the "basic" topics of oral health
Learn more

Terms of Use | Privacy/HIPAA notices | Contact Us

5. Click the "Get Your ID card" link. A window will pop up with your ID card. Simply print the card from the pop-up window and take it with you to your dental appointment.